

Boldmere JIM (Junior Invitation Meet)

(Under ASA Laws and ASA Technical Rules)

Boldmere Swimming Club is affiliated to ASA West Midlands Region and Warwickshire ASA

Saturday 20th February 2010

Stechford Cascades, Station Road, Stechford, Birmingham, B33 8QN

Ages: 8, 9, 10, 11 & 12

Swimmers must be 8yrs (minimum) on or before 20th February 2010. Age groups as of 11/09/10

Swimmers should aim to arrive by 8.15am in order to be ready for the Warm-up

Warm-up: 8.30 for 9.30am start.

PROGRAMME OF EVENTS				
No.	Gender	Age	Event	
1	G	9,10,11,12	100m Ind. Medley	HDW
2	B	9,10,11,12	100m Ind. Medley	HDW
3	G	8 & 9	25m Breaststroke	HDW
4	B	8 & 9	25m Breaststroke	HDW
5	G	10,11,12	50m Breaststroke	HDW
6	B	10,11,12	50m Breaststroke	HDW
7	G	8,9,10	25m Butterfly	HDW
8	B	8,9,10	25m Butterfly	HDW
9	G	11 & 12	50m Butterfly	HDW
10	B	11 & 12	50m Butterfly	HDW
30 min INTERVAL - followed by 30 min Warm-up (between 12.30 and 1.30pm approx)				
11	G	8 & 9	25m Backstroke	HDW
12	B	8 & 9	25m Backstroke	HDW
13	G	10,11,12	50m Backstroke	HDW
14	B	10,11,12	50m Backstroke	HDW
15	G	8 & 9	25m Freestyle	HDW
16	B	8 & 9	25m Freestyle	HDW
17	G	10,11,12	50m Freestyle	HDW
18	B	10,11,12	50m Freestyle	HDW

Scheduled Finish Time : 5.00pm

1. The individual events for our Junior Invitation Meet are based around the Diddy league programme with 100IM added
2. All events except 25m Breast, 25m Fly, and 25m Free will start at the deep end (where the starting blocks are).
3. All events except 25m Backstroke will finish at the deep end.
4. AOE (Electronic Timing) will be used for all events **except 25m Backstroke**. (Results for this event will not appear on the scoreboard).
5. **25m Breast, 25m Fly, and 25m Free events will start at the shallow end**. No blocks are available at this end, but swimmers can start with a shallow racing dive - or in the water.
6. "Over the top" starts will be used for all 50m and 100m (Non - Backstroke) events.
7. "Side by side" starts will be used for both 50m Backstroke events.