

BOLDMERE SWIMMING CLUB Press Release

August 7th 2007

NATIONAL CHAMPIONSHIPS AT SHEFFIELD:

Boldmere Swimmers have enjoyed the club's best results for many years at the National Championships held at Ponds Forge in late July and early August.

At the Junior Championships, 11Yr old Kristie Hackett was the major star with bronze in the 800m Freestyle, which she followed up by making 4 Age Group Finals, finishing 4th (400m Freestyle), 5th (200m Freestyle), 7th (100m Freestyle), and a stunning silver in the 200m Individual Medley. With three of her times being fast enough to qualify her for entry to the 2008 Championships in her age group, Kristie will be training hard with the intention of topping the medal podium next year.

James Youngman followed up some stamina-sapping performances in his individual performances with two outstanding relay swims. In all of his 7 individual events, James finished in the top 25 in the National 14Yrs Boys Age Group, finishing 10th (1500m Freestyle) and 13th (100m Backstroke). In a grand finale, swimming for the City of Birmingham Squad, James secured two brilliant golds with a 56.22secs leg in the 4 x 100m Freestyle, and a time of 2.03.42 in the Boys 4 x 200m Freestyle Relay.

Having qualified for 3 freestyle events in the National 12Yrs Age Group, Hannah O'Brien gave further evidence of her great potential, finishing 17th (800m Freestyle), 22nd (400m Freestyle) and 30th (200m Freestyle) and along with Verity Pratt formed 50% of the City of Birmingham Squad which made the finals of the 4 x 200m Freestyle Relay where they finished 9th.

Making his debut at the Nationals, 14Yrs old Sebastian Bukowski secured 15th place in the 200m Breaststroke, and followed this up with a silver swimming the same stroke in the 4 x 100 Medley Relay.

At the Youth Championships, swimming against National stars of all ages, 14 Yrs old Holly Lynch gave further evidence of her vast potential. Qualified in four freestyle events, Holly finished 33rd in the National Rankings for the 400m Freestyle, and showed her versatility with strong performances in 100 Back and 200IM. Her time of 59.98 secs earned her a much-deserved silver in the Women's 4 x 100 Freestyle Relay.

CUP & TROPHY GALA:

At the club's Annual end of year gala sponsored by Gomm Insurance, over 150 swimmers enjoyed over 4 hours of friendly rivalry in front of a packed house at Stechford, with 19 Age Group Club Records tumbling as almost half of the 650+ swims were personal bests.

In the 'Old Masters' 50m Freestyle event for parents, the standards reached a new peak with Ali Pratt, Kirsty Morrin and Shirley Sneekes swimming sub 40 sec times in the ladies heat, while in the men's heat Simeon Hemming, Rob Cash and Kevin Kain swam sub 30 sec times, followed closely by Chris Carty, Trevor Weston, Chris Lynch and Mark Hackett.

Commonwealth Medalist Terri Dunning and Boldmere's own GB Star Eleanor Simmonds presented over 200 medals to the swimmers, and presentations were made to stalwart Keith Andrews and Phil Littler in recognition of the service and commitment that they have given to the club.

2006-2007 Trophy Winners:

7 Years : JACK CARTY / BETHANY MORRIN

8 Years : CARL JOYCE / LAURA RICHARDSON

9 Years : JAKE DIXON / MORGAN HARLOW

10 Years : LUKE DAVIES / PENNY WHITTINGHAM

11 Years : JORDAN YOUNGMAN / LUCY DIXON

12 Years : KAROL BUKOWSKI / KRISTIE HACKETT

13 Years : PHILIP HEWITT / JENNY FOWLER

14 Years : JAMES YOUNGMAN / VERITY PRATT

15 Years : SEBASTIAN BUKOWSKI / HOLLY LYNCH

16 Years : LOUIS YATES / KATHRYN FOWLER

Open(17Yrs+) : MATT FOULDS / NICOLE HOLMES

.....The Orcas will be taking the plunge again on September 8th when the Juniors (8-12 Yrs) will be competing in the Regional Junior League Division 1 Finals at Wolverhampton. The A Squad will be appearing in the finals for the third consecutive year and have high hopes of securing a place in the National Finals for the first time, and with the B Squad having secured the highest B Team position of any of the 55 clubs in the league, the club is looking forward with optimism towards the 2007-2008 season.

Boldmere Swimming Club have been fortunate enough to secure the services of GB Chief Coach Bill Furniss to lead 3 Swimming Technique Clinics.

These clinics, which will identify and teach all the elements of correct technique, are aimed at competitive swimmers aged 9-16 years (from any swimming club), but swimmers outside this age range will be considered. Coaches and Swimming Teachers are also welcome to attend.

These will be held at King Edwards School, Edgbaston on

Oct 26th 2007: Starts & Turns (all strokes)

Feb 13th 2008: Freestyle & Backstroke Techniques

Feb 14th 2008: Breaststroke & Butterfly Techniques

Each Clinic will start at 8.45am, finish at 4.00pm and involve two pool sessions which target particular techniques / strokes. Each pool session will be supported by a classroom session to reinforce the techniques learned in the pool, and a gym session which will focus on related land training activities. One of Britain's top swimmers will be on hand to demonstrate good technique (and sign autographs) at each clinic.

Application Forms and further information can be downloaded from

www.boldmereswimmingclub.co.uk or can be obtained by emailing phillittler938@hotmail.com