

# Worcester Open welcomes you!

**ALL Boldmere swimmers:** its time to wear the club's colours and represent your club on tour!

The Worcester Open on the weekend of 22nd to 24th of October 2010 is an official targeted meet for the club. It is a very popular event that we have attended in numbers for many years, and last year was a great success for both Midland and County swimmers who entered.

As this meet is licensed at Level 3 (like our Water Carnival), **the qualifying/entry times are appropriate for our County and County Link squad members.** For those who have not competed at an open meet – other than our own – this is an ideal opportunity for you to have a go as this is one of the friendliest on the calendar, and the Worcester 25m pool is not too far away down the M5. This event will sell out quickly, and last year, our strategy of getting our applications in early paid off, and all Boldmere entries were accepted.

This event also offers a unique opportunity for swimmers to compete in 400m Freestyle and/or 400IM on the Friday night. Those swimmers who have not tried these longer events before can 'have a go' and then get a good night's sleep and be fresh for the weekend's main events on Saturday and Sunday. This event also gives our swimmers a chance to follow up their BSC Club Championship performances by trying some of the longer 200m races as well as the normal sprints.

Don't worry about picking which events - just speak to your coach ASAP and work out a schedule that will enable you to showcase your progress - and keep you busy throughout the days that you attend. Some swimmers use the 50m sprints as a warm up /warm down for the 200's. This can break up the day so that you don't spend long periods waiting between events.

The autumn is a busy season in the swimming world. If you want to see how you have progressed after 8 weeks of the new season, this is an ideal opportunity.

We are aiming to receive your **completed entry forms by the end of July.** You can download the entry pack from: [http://www.worcestersc.co.uk/openmeet\\_downloadforms.php](http://www.worcestersc.co.uk/openmeet_downloadforms.php)

**Alternatively, Dave Marsh, Nigel Kelly and Geoff Fowler will have details** and a supply of entry forms for County and County Link swimmers.

**Dave Price (Dave@metro2web.co.uk) will be our Entries Co-ordinator for this event.** Please get your completed entry forms and cheques (Payable to Boldmere SC) to him personally at Junior Midland Sessions - or via your coach.

When writing the cheque for your entries, **please remember to add £1 for each day that you attend** - as a contribution towards the cost of the Coaches Passes.

For those of you planning to make a weekend of it **as this is also an excellent social event for the families,** with some taking the opportunity to stay in Worcester for a weekend break. Remember, it is also cheaper to book hotels in advance, so as soon as we have confirmation that your entries have been accepted, then you should look out for those online bargains.

A large number of Boldmere families are already "regulars" for this weekend, and every restaurant in Worcester on the Saturday night seems populated with our noticeable red and black colours.

**We hope to take a big squad to this event, and make sure that this year we win the Top Visiting Club trophy. So . . . .Get your completed form (and cheque) in . . . by the end of July . . . put Worcester Open 22nd/23rd/24th in your diaries . . . and we will look forward to you joining Boldmere SC on tour!**

